



20 Weeks to Preparedness

Week 12

Items to purchase:

- Facial tissues
- 1 large box of plastic zip type food bags
- Unscented bleach
- Matches (placed in a waterproof container)
- Diapers and baby food (if needed)
- Items for denture care (if needed)

Note: Always check expiration dates. Make the item last as long as possible (at least through November 30).

Shopping lists are just a guide. Please adjust to your family's needs.